

Yeast supplementation alleviates the negative effects of greywater irrigation on lettuce and maize

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Water scarcity has led to increased use of wastewater, particularly greywater, for crop irrigation. This study investigated whether the addition of yeast can alleviate the potential negative effects of greywater use on lettuce (*Lactuca sativa* L.) and maize (*Zea mays* L.). Seeds and seedlings were treated with 4 concentrations (0.005; 0.01; 0.015 and 0.020 g·mL⁻¹) of yeast-treated tapwater (YTW) and greywater (YGW). Tapwater (TW) and greywater (GW) without yeast served as controls. In general, an increase in yeast concentration compromised seed germination in Petri dishes, but improved germination in soil. Tapwater was more effective than GW in promoting germination and growth in both species. Lower concentrations of yeast generally increased germination capacity in both species compared to the controls. Total biomass, number of leaves, chlorophyll content, leaf area, photosynthetic rate and maximum quantum yield of photosystem II (F_v/F_m) were significantly higher in yeast treatments in both species, compared with the controls. Biomass accumulation, total leaf area, chlorophyll content and photosynthesis were higher in YGW than controls and YTW. Differences in biomass allocation between treatments may be due to changes in soil moisture, pH and electrical conductivity of the soil caused by yeast supplementation. This study showed that plants treated with YGW performed better than those treated with YTW and without yeast. Yeast supplementation of greywater could increase water recycling and provide a cheap bio-fertilizer to home growers, whilst significantly improving yield in both species. This innovative approach may enhance water and food security of subsistence farmers in rural areas.

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INTRODUCTION

Rapid population growth has increased water requirements for domestic, industrial and agricultural uses. The demand for water has escalated to the point that countries need to invest heavily in alternative sources such as recycled water (Pinto and Maheshwari, 2015). Widespread water shortage is a threat to conservation and socio-economic development. It is predicted that by 2025, 3 billion people will be living in either water-stressed or water-limited regions (WHO, 2019). Therefore, to meet this demand, innovative water conservation techniques are required. In the face of climate change and rainfall variability, greywater reuse is important in minimizing water shortages and hunger and in poverty alleviation (Pinto and Maheshwari, 2015).

Greywater refers to untreated wastewater from the bath, shower, kitchen, washbasin, and laundry of households (Rodda et al., 2011). Greywater reuse is an alternative and effective source to reduce pressure on freshwater for food production and poverty alleviation in third-world countries (Radingoana et al., 2020). However, this resource is regarded as unclean and unfit for human use and crop irrigation. Health risk is the most important factor in household-level decisions about reuse. Poorly-treated wastewater results in the deposition of heavy metals, microbial pathogens and organic chemicals in soils and plants (Misra et al., 2010; Singh, 2021). Use of greywater is limited because of the lack of awareness of its potential in supplementing freshwater, especially in developing countries. Studies have shown that the views and perspectives of potential users of recycled wastewater generated in the household influence the adoption of technologies at the household level and beyond (Portman et al., 2022).

Adoption of water recycling measures is important, especially when considering urban development needs in the face of warming climates and declining water resources and when aiming to increase sustainability in urban planning and development (Portman et al., 2022). The World Health Organization highlights how countries such as the USA, Australia, China, and Japan have widely accepted greywater reuse. This practice, however, is limited in some African and Middle Eastern countries (WHO, 2019). Finding a safe and affordable treatment process is the key to sustainable reuse of greywater for domestic, agricultural, or industrial purposes. By having a proper treatment system in place, health concerns resulting from the presence of heavy metals and pathogens in greywater can be avoided (Pinto and Maheshwari, 2015). The use of greywater for irrigation may be an approach to conserving water, especially in drought-stricken areas (Nel and Jacobs, 2019). Greywater may also contain bacteria, fibre particles, and dead skin cells, which may contribute to soil fertility (Glick, 2012). Greywater decreased germination of *Amaranthus dubius* and reduced the rate of shoot emergence of *Solanum nigrum* relative to tapwater irrigation (Lubbe et al., 2016). Also, elevated salinity, pH, and the boron content of greywater adversely impact soil and stunt growth in carrot, lettuce, and red pepper (Finley et al., 2009).

The excessive use of inorganic fertilizers threatens the integrity of ecosystems and global biogeochemical cycles by causing pollution and loss of biota (Paszko et al., 2016). The application of bio-fertilizers could improve soil aggregation, structure, aeration, and infiltration (Dhanasekar and Dhandapani, 2012). Microbes within bio-fertilizers can provide mutually beneficial nutrients to plants (Bargaz et al., 2018). In addition, microbe-based bio-stimulants may enhance rhizophagy without having any negative effects on soil health and the environment (Anandaraj and Delapierre, 2010). Bio-fertilizers and bio-stimulants are also cheaper, more effective and a renewable source of nutrients for plants compared to inorganic fertilizers (Boraste et al., 2009; Al-Mefleh et al., 2021). A commonly used bio-stimulant is bread yeast (*Saccharomyces cerevisiae*) which improves growth and yield in many crops (Fahad et al., 2016).

Several new technologies, with yeast as the core, have been widely applied in water treatment and shown great potential and broad prospects in recent years (Wang et al., 2018). At present, yeasts have been applied in many kinds of industrial wastewater treatment, domestic sewage purification and other fields (Yang and Zheng, 2014). The efficiency of yeast in the treatment of wastewater has attracted wide attention. Treatment of wastewater with yeast produces lipids, glycolipids and enzymes (Yang et al., 2013). Therefore, it is widely used in the treatment of wastewater containing high concentrations of organics, heavy metals and domestic sewage. Yeast has been shown to convert most of the organic matter into non-toxic and nutritious single-cell protein (Yang and Zheng, 2014). Application of yeast as a biostimulant increased the growth of hyacinth beans compared to those without bio-stimulants (Velhal et al., 2014). Yeast also enhanced nitrogen and phosphorus uptake in tomato and sugarcane (Lonhienne, 2014). Yeast promotes cell division and extension, seed and tuber germination and improves root development. Yeast also increases ion uptake, vegetative growth, and improves pigment formation and photosynthesis (Hashem et al., 2008). The stimulatory effects of yeast are due to enhanced levels of cytokinins which increase cell division and cell enlargement (Jensen et al., 2004; Tiwari et al., 2020).

Yeast has been shown to be effective in the treatment of various wastewater types (Uysal et al., 2014) and enhances the germination and growth of many species (Abu-Dieyeh et al., 2017). There is little or no information on the use of yeast in alleviating the negative effects of polluted water on crop growth. In this study, we pretreated greywater with yeast and determined its effects on germination, growth and gas exchange in lettuce (*Lactuca sativa* L.) and maize (*Zea mays* L.). We tested the hypothesis that the addition of yeast to greywater would enhance growth of lettuce and maize. This study will contribute toward the wider acceptance of domestic greywater reuse for subsistence and agricultural irrigation. Furthermore, in water-stressed countries like South Africa, improved subsistence and commercial crop productivity are based on innovative approaches to increasing water availability for irrigation and this may be largely dependent on the reuse of wastewater for irrigation.

MATERIALS AND METHODS

Plant material

Instant baker's yeast, (Anchor Yeast Pty Ltd., South Africa) containing *Saccharomyces cerevisiae* was used in the study. Lettuce and maize seeds were purchased from Grovida Pty Ltd. (Durban, South Africa). Yeast was activated in warm water (27°C; 0.10 g L⁻¹), stirred, and then placed in an incubator at 30°C for 30 min.

Greywater synthesis

Synthetic greywater was prepared with ingredients representing the various components found in typical household greywater,

Table 1. Recipe for synthetic greywater (Dalahmeh et al., 2013)

Ingredients	Quantity
Tapwater	9.99 L
Soap	
Multi-purpose green bar	7.20 g
Body-care soap bar	2.00 g
Hand washing laundry powder	6.40 g
Fat and greases	
Cooking oil	0.15 g
Food products (carbohydrates and proteins)	
Nutrient broth	1.00 g
Cake flour	1.00 g

such as soap, oil, grease, carbohydrates, and proteins (Table 1) (Lubbe et al., 2016). The greywater used conformed to chemical measures (chemical oxygen demand, biological demand, total nitrogen and total phosphorus) associated with mixed domestic greywater (Dalahmeh et al., 2013). Tapwater used for the preparation of all irrigation solutions was de-chlorinated by bubbling air with an aquarium jet filter pump (MAGI-700, RESUN, Shenzhen, China) and left to stand for 24 h before use.

Seed germination

Five millilitre (5 mL) solutions of each control (TW = tapwater and GW = greywater) and 4 concentrations of yeast-treated tapwater (YTW) and greywater (YGW) (0.005; 0.01; 0.015 and 0.02 gmL⁻¹) were applied to 3 replicates of 25 seeds of each species. The seeds were placed between Whatman No. 4 filter paper (90 mm diameter) within Petri dishes and incubated in a growth room for 14 days (24°C, 16 h day, 8 h night). Each Petri dish received a total of 5 mL of irrigation solution every 2nd day for 2 weeks for maize and 7 days for lettuce. Germination was monitored daily for radical emergence greater than 1 mm in lettuce and 2 mm in maize. The time (in days) taken to achieve 50% of final germination capacity was used to compare germination rates across treatments (Perumal et al., 2014). At the end of the 14 days, shoot and root lengths were measured and total germination capacity was calculated.

Seedling growth

Seeds were sown in pots (1 cm depth) and maintained in a greenhouse for 62 days ($n = 20$). Climatic conditions in the glasshouse were 25°C (day), 18°C (night), average maximal photosynthetic photon flux density (PPFD 800 $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$) and relative humidity 75%.

Each plastic pot (2 L for lettuce and 4 L for maize) was filled with the same volume (3 kg for lettuce and 5 kg for maize) of topsoil (Ukulinga Research Farm, University of KwaZulu-Natal) and watered to field capacity with irrigation solution (80 mL for lettuce and 100 mL for maize). Shoot emergence was recorded weekly.

Morphometric measurements

After 62 days, plants were harvested and roots were carefully washed with water to remove soil. The roots, shoots, and leaves of each plant were separated and total leaf area measured using a leaf area meter (Model CI-202, CID Inc., Germany). Shoot and root length of individual seedlings were measured. Plants material was then dried in an oven at 55°C for 7 days and dry weight determined. Specific leaf area (SLA), leaf area ratio (LAR), root:shoot ratio, and biomass allocation percentages were calculated from the biometric measurements.

Physiological measurements

A hand-held chlorophyll absorbance meter (Minolta SPAD-502, Minolta Camera Co. Ltd.) was used to measure chlorophyll content on the 3rd leaf from the apex of each plant. Measurements were taken 7 days before harvest. The maximum quantum efficiency of photosystem II (PSII) (F_v/F_m) was measured using an integrated gas exchange and chlorophyll fluorescence system (Li-6400XT, LI-COR, Lincoln, USA) ($n = 20$). Plants were dark-adapted for 40 min to permit electrons to drain from the photosystems (Miradi and Ismail, 2007) for F_v/F_m measurements. One measurement per plant was taken on the lamina, midway between the base and the tip of the 3rd leaf from the apex (Naidoo, 2009). Gas exchange, stomatal conductance and transpiration were measured ($n = 20$) between 11:00 and 14:00. Plants were randomly selected and measurements were taken on the 3rd leaf from the apex under a light intensity of 1 000 $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$ and a CO_2 concentration of 400 ppm.

Soil characteristics

Soil moisture content was measured weekly using a soil moisture meter (HH2 moisture meter; Delta T Devices, London, United Kingdom). At the final harvest, 3 pots were assessed for soil pH [Checker HI 98103; South Africa] and electrical conductivity (CM 100-2; Reid & Associates, South Africa).

Data analyses

All data were subjected to analysis of variance (ANOVA SPSS, Version 22). Means were separated using Tukey's test. Pearson's

correlation coefficient was used to test for relationships between selected parameters. Percentage data were arcsine or log-transformed before parametric analyses. Non-parametric data were determined by the Kolmogorov-Smirnov test. Where data remained non-parametric, inter-treatment differences were tested by the Kruskal-Wallis test. Differences were considered significant at $P < 0.05$.

RESULTS

Seed germination

Seed germination in *L. sativa* was lower at yeast concentrations $>0.015 \text{ g}\cdot\text{mL}^{-1}$ compared to the control (Fig. 1A). Generally, an increase in yeast concentration decreased germination in *L. sativa* ($R^2 = 0.412$) but had no effect on seedling emergence in soil (Fig. A1, Appendix). In *Z. mays*, GW reduced germination capacity significantly ($P < 0.05$) relative to TW. The addition of yeast had no effect on germination in GW or TW (Fig. 1B).

Seedling growth

Total biomass in the yeast treatments was significantly higher than that of the controls in both species (Figs 2A, 2B). In *L. sativa*, the total biomass of the GW control was lower than that in TW, while in *Z. mays* there were no differences between treatments. Generally, an increase in yeast concentration increased biomass in both species (Table 2). Yeast-treated greywater was positively correlated with total biomass in both species ($R^2 = 0.84$ for *L. sativa* and $R^2 = 0.71$ for *Z. mays*); thus, an increase in yeast concentration caused an increase

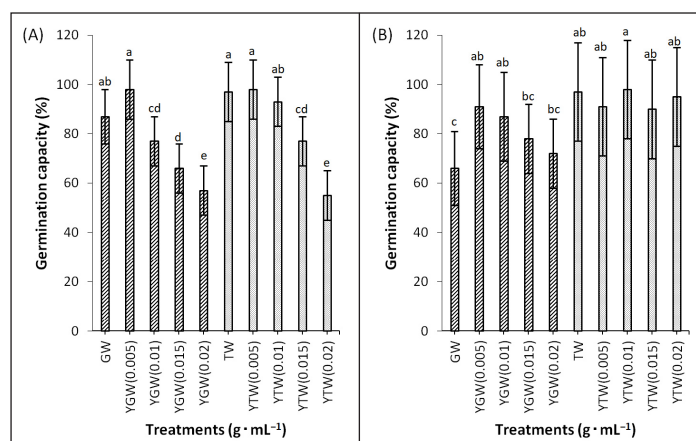


Figure 1. Germination capacity of *L. sativa* (A) and *Z. mays* (B) after 14 days exposure to greywater (GW), yeast-treated greywater (YGW; 0.005; 0.01; 0.015; 0.02 yeast $\text{g}\cdot\text{mL}^{-1}$), yeast-treated tapwater (YTW, and tapwater (TW). Values represent mean \pm SD ($n = 25$). Values with different letters are significantly different ($P < 0.05$).

Table 2. Correlation between various growth parameters and yeast concentration (YGW-yeast greywater, YTW-yeast tapwater) in *L. sativa* and *Z. mays* (bold font indicates significant strength of the linear relationship).

Parameter	<i>L. sativa</i>		<i>Z. mays</i>	
	YGW	YTW	YGW	YTW
Number of leaves	R^2 0.420	0.304	0.381	0.509
	P < 0.001	< 0.001	< 0.001	< 0.001
Total biomass (g)	R^2 0.848	0.772	0.707	0.141
	P < 0.001	< 0.001	< 0.001	> 0.05
Leaf area ($\text{mm}^2\cdot\text{mg}^{-1}$)	R^2 0.500	0.547	0.531	0.649
	P < 0.001	< 0.001	< 0.001	< 0.001
Leaf chlorophyll content ($\mu\text{mol}\cdot\text{m}^{-2}$)	R^2 0.580	0.493	0.733	0.717
	P < 0.001	< 0.001	< 0.001	< 0.001
Photosynthetic rate ($\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$)	R^2 0.771	0.324	0.675	0.638
	P < 0.001	< 0.001	< 0.001	< 0.001
Leaf conductance ($\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$)	R^2 0.548	0.307	0.358	0.314
	P < 0.001	> 0.05	< 0.05	> 0.05
Transpiration rate ($\text{mmol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$)	R^2 0.250	0.509	0.664	0.214
	P > 0.05	< 0.05	< 0.05	> 0.05

in total biomass ($P < 0.005$). Above-ground biomass was significantly greater ($P < 0.05$) in yeast treatments compared to controls in both species (Figs 2C, 2D). There was a positive correlation between above-ground biomass and yeast greywater in *L. sativa*; hence, an increase in yeast concentration caused an increase in above-ground biomass ($R^2 = \text{YGW}: 0.869$ and $\text{YTW}: 0.787$). Differences between YGW and YTW were not significant in both species (Figs 2C, 2D). Below and above-ground biomass did not differ between GW and TW in both species (Fig. 2).

Yeast treatments generally increased below-ground biomass of both species relative to the controls (Figs 2E, 2F). Below-ground

biomass was positively correlated to yeast-treated greywater in *Z. mays* ($R^2 = 0.702$). In both species, YGW significantly increased ($P < 0.05$) below-ground biomass relative to the control (Figs 2E, 2F). In general, yeast-treated greywater increased below-ground biomass compared to yeast-treated tapwater in both species. Yeast increased plant height significantly ($P < 0.05$) in both species relative to the control (Figs 3A, 3B). Plant height of *L. sativa* in the yeast treatments was higher than those in the control and tapwater treatments (Figs 3A, 3B). In general, plant height of *L. sativa* increased with added yeast for YTW and YGW (Fig. 3A). Generally, there were no differences in the total number of leaves and plant height between GW and TW in both species (Figs 3 and 4).

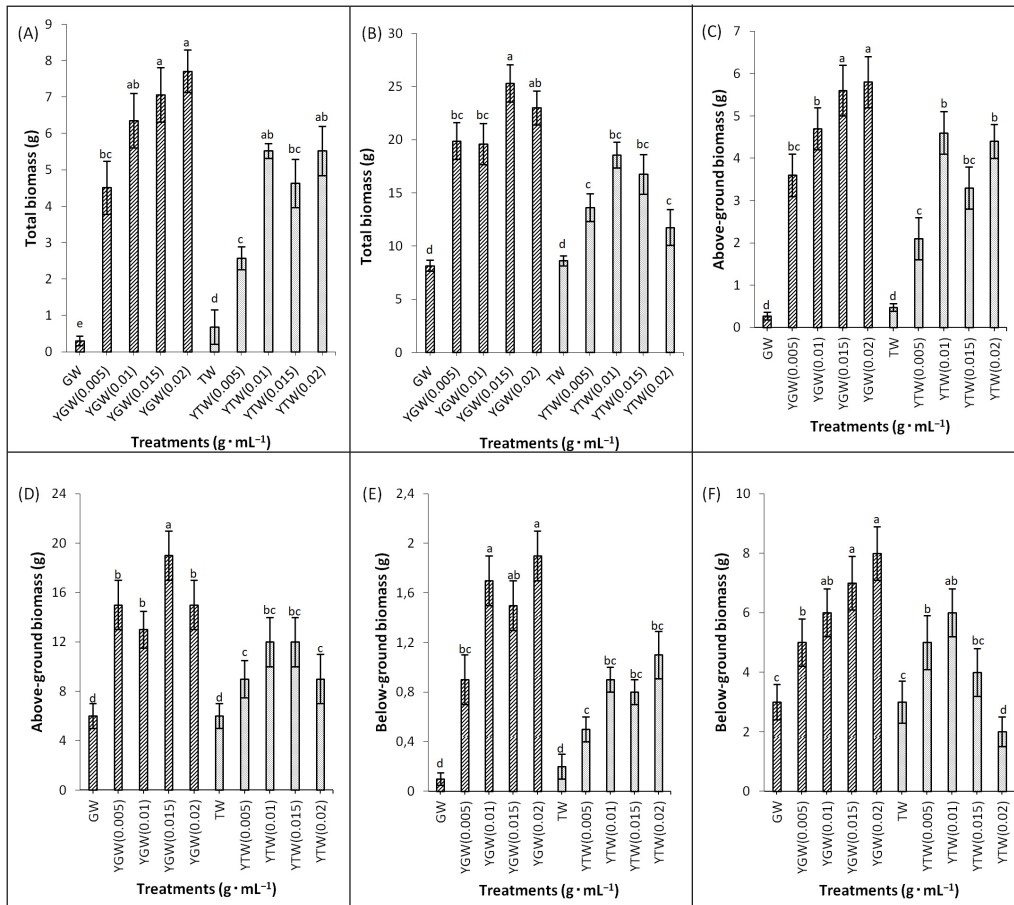


Figure 2. Total biomass (A, B), above-ground (C, D) and below-ground biomass (E, F) of *L. sativa* (left) and *Z. mays* (right) seedlings after 72 days of exposure to greywater (GW), yeast-treated greywater (YGW; 0.005; 0.01; 0.015; 0.02 yeast $\text{g}\cdot\text{mL}^{-1}$), yeast-treated tapwater (YTW; 0.005; 0.01; 0.015; 0.02 yeast $\text{g}\cdot\text{mL}^{-1}$), and tapwater (TW). Values represent mean \pm SD ($n = 20$). Values with different letters are significantly different ($P < 0.05$).

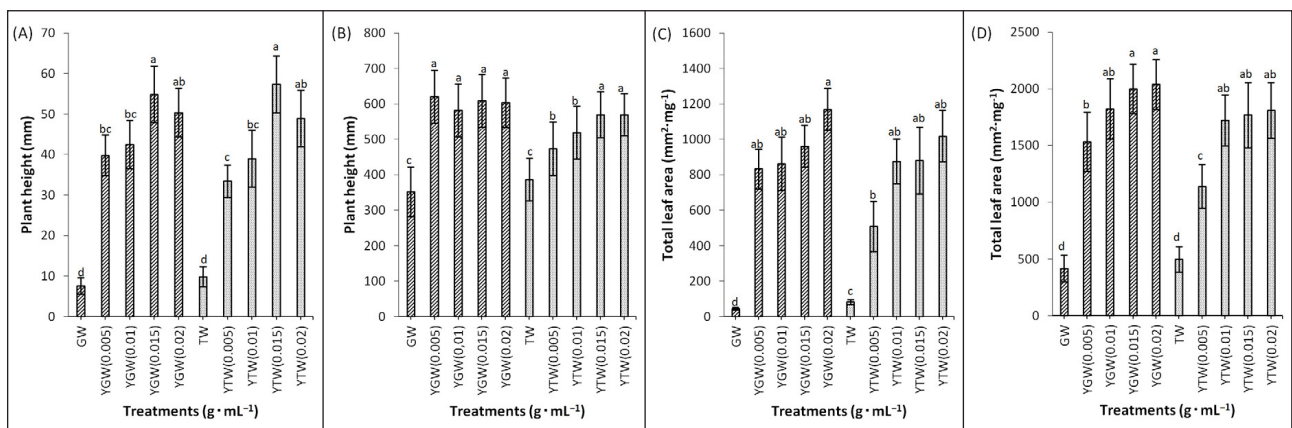


Figure 3. Plant height (A, B) and total leaf area (C, D) of *L. sativa* (left) and *Z. mays* (right) after 72 days of exposure to greywater (GW), yeast-treated greywater (YGW; 0.005; 0.01; 0.015; 0.02 yeast $\text{g}\cdot\text{mL}^{-1}$), yeast-treated tapwater (YTW; 0.005; 0.01; 0.015; 0.02 yeast $\text{g}\cdot\text{mL}^{-1}$), and tapwater (TW). Values represent mean \pm SD ($n = 20$). Values with different letters are significantly different ($P < 0.05$).

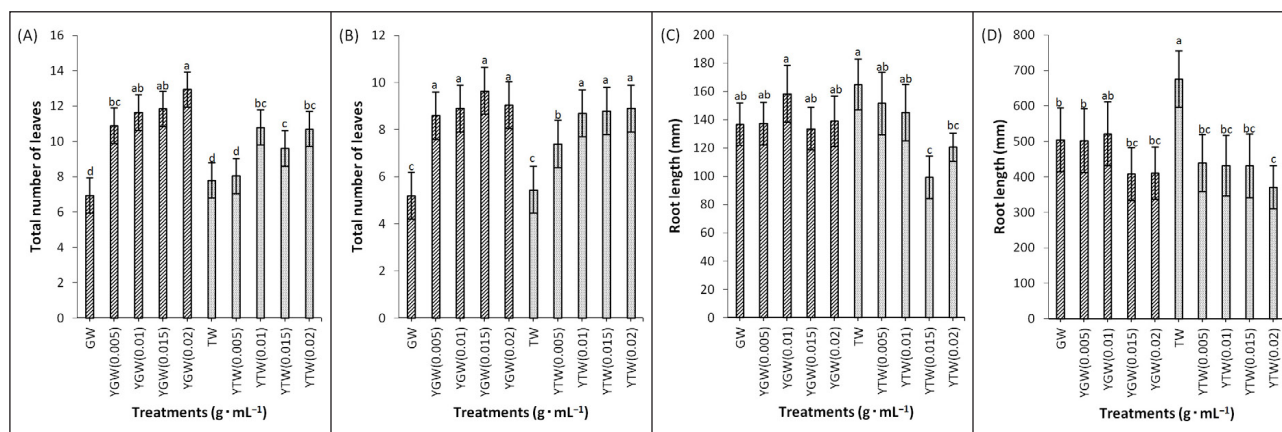


Figure 4. Total number of leaves (A, B), root length (C, D) of *L. sativa* (left) and *Z. mays* (right) seedlings after 72 of days exposure to greywater (GW), yeast-treated greywater (YGW; 0.005; 0.01; 0.015; 0.02 yeast g·mL⁻¹), yeast-treated tapwater (YTW; 0.005; 0.01; 0.015; 0.02 yeast g·mL⁻¹), and tapwater (TW). Values represent mean±SD ($n = 20$). Values with different letters are significantly different ($P < 0.05$).

Total leaf area increased significantly ($P < 0.05$) with yeast additions compared to the control in both species (Figs 3C, 3D). Leaf area was positively correlated with yeast concentration in both species (Table 2). Yeast-treated GW and TW (0.02 g·mL⁻¹) increased total leaf area in both species (Figs 3C, 3D). Yeast supplementation increased the total number of leaves in both species compared to the control (Figs 4A, 4B). The total number of leaves was positively correlated with yeast concentration in *Z. mays* (Table 2). Yeast-treated greywater did not affect root length in both species in the greywater treatments (Figs. 4C, 4D). Tapwater significantly increased root length of *Z. mays* compared to the yeast treatments ($P < 0.05$). In *Z. mays*, high yeast concentrations reduced root elongation in the tapwater treatments (Fig. 4D). Root length in tapwater treatments was significantly higher ($P < 0.05$) than those in greywater treatments (Figs 4C, 4D). The root length of both species was significantly greater ($P < 0.05$) in tapwater compared to greywater (Figs 4C, 4D). In *L. sativa*, tapwater significantly increased root elongation ($P < 0.05$) compared to the treatments with added yeast (Fig. 4C).

Physiology

Yeast supplementation increased photosynthesis, stomatal conductance, transpiration, chlorophyll fluorescence and total chlorophyll content in both species, compared to the controls (Figs 5, 6 and 7). Photosynthetic rate and chlorophyll content were positively correlated with yeast concentration (Table 2). The highest concentration of yeast (0.02 g·mL⁻¹) resulted in significantly higher ($P < 0.05$) photosynthesis and total chlorophyll content than other treatments in both species (Figs 5 and 7). Greywater significantly reduced ($P < 0.05$) total chlorophyll content compared to tapwater in both species (Fig. 7). Yeast supplementation increased F_v/F_m significantly ($P < 0.05$) compared to the respective controls in both species (Figs 6C and 6D). The highest concentration of yeast greywater (0.02 g·mL⁻¹) increased F_v/F_m significantly compared to other treatments in *L. sativa* (Fig. 6C).

DISCUSSION

Germination

As yeast concentration increased, germination and root elongation of *L. sativa* decreased in Petri dishes. When grown in soil, however, germination and root elongation of *L. sativa* did not decline with an increase in yeast concentration (Fig. A1, Appendix). Inhibition of germination may be due to phytotoxicity caused by low pH due to yeast fermentation in Petri dishes (Lin and Xin, 2007). High yeast concentrations (> 0.01 g·mL⁻¹) may

create an anaerobic environment when grown in Petri dishes. Greywater reduced germination capacity significantly compared to tapwater, probably due to the presence of excessive salts, total suspended solids, and nutrients such as nitrogen, ammonia, and phosphate (Corwin et al., 2005). Low yeast concentrations (0.0015 g·mL⁻¹) produced maximum germination compared to the controls, probably due to the presence of hydrolase enzymes and growth-promoting rhizobacteria, compared to the controls (Delshadi et al., 2017). Low concentrations of yeast (0.5 %) also improved seed germination, yield and fruit quality parameters of olive trees (Ahmed and Ragab, 2002). In contrast, concentrations of yeast above 0.01 g·mL⁻¹ in greywater reduced growth and caused abnormal seedlings in *L. sativa*.

High concentrations of yeast (0.02 g·mL⁻¹) reduced root and shoot length of *L. sativa* in Petri dishes probably due to the acidic pH caused by yeast fermentation (Ge et al., 2016). Lettuce seeds were more sensitive to irrigation using greywater than maize. This could be attributed to genotypic variation between these two species (Pinto et al., 2010).

In both species, tapwater improved germination, root length, vigour, and biomass than greywater. Greywater with high yeast (> 0.01 g·mL⁻¹) reduced root and shoot elongation, vigour, and biomass of *L. sativa* (data not shown), probably due to the greater electrical conductivity of the soil (Hasanuzzaman et al., 2013). In soil, yeast concentration of 0.02 g·mL⁻¹ in both greywater and tapwater did not have any detrimental effect in both species (Fig. A1, Appendix).

Seedling growth

The highest concentration of yeast-treated greywater (0.02 g·mL⁻¹) improved the growth and biomass of both species, probably due to the buffering capacity of the soil. Shoot emergence was $> 75\%$ in *L. sativa* and $> 85\%$ in *Z. mays* (data not shown), which indicated soil buffering of greywater and yeast. The lowest concentration of yeast-treated tapwater (0.0015 g·mL⁻¹) stimulated seedling growth in *L. sativa*. A low concentration of active bread yeast (0.5%) improved seed germination, yield, and fruit quality of olive trees (Ahmed and Ragab, 2002). Bread yeast nourishes plants when applied to soil because of the production of growth regulators such as gibberellins and auxins (Sarhan et al., 2011) and useful enzymes (Dinkha and Khazragji, 1990). In the absence of yeast, there was a low percentage of shoot emergence in *Z. mays* due to the absence of bio-fertilizer. Others showed that yeast can synthesize various phytohormones, enzymes, and solubilise minerals (Panhwar et al., 2012) while indirectly inhibiting phytopathogens (Hao et al., 2011).

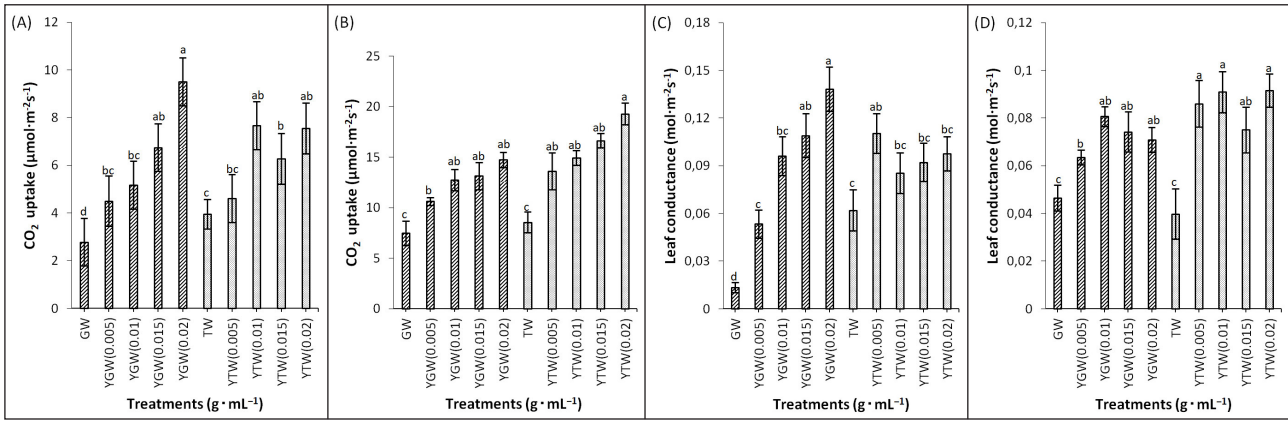


Figure 5. CO₂ uptake (A, B), leaf conductance (C, D) of *L. sativa* (left) and *Z. mays* (right) seedlings after 72 days of exposure to greywater (GW), yeast-treated greywater (YGW; 0.005; 0.01; 0.015; 0.02 yeast g·mL⁻¹), yeast-treated tapwater (YTW; 0.005; 0.01; 0.015; 0.02 yeast g·mL⁻¹), and tapwater (TW). Values represent mean±SD (n = 20). Values with different letters are significantly different (P < 0.05).

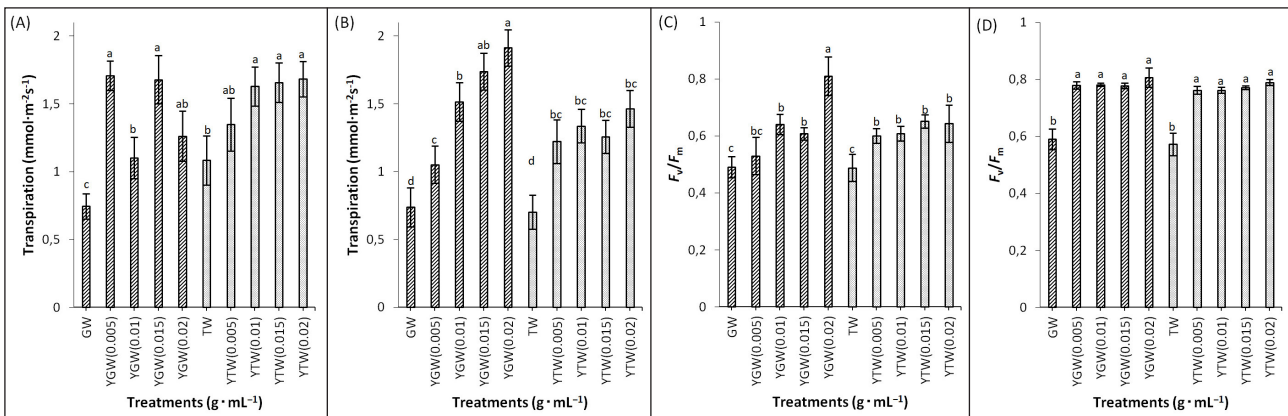


Figure 6. Transpiration rate (A, B), maximum PSII efficiency (F_v/F_m) (C, D) of *L. sativa* (left) and *Z. mays* (right) seedlings after 72 days of exposure to greywater (GW), yeast-treated greywater (YGW; 0.005; 0.01; 0.015; 0.02 yeast g·mL⁻¹), yeast-treated tapwater (YTW; 0.005; 0.01; 0.015; 0.02 yeast g·mL⁻¹), and tapwater (TW). Values represent mean±SD (n = 20). Values with different letters are significantly different (P < 0.05).

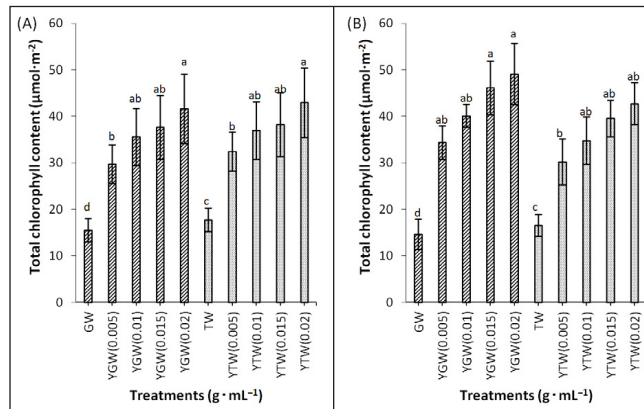


Figure 7. Total chlorophyll content of *L. sativa* (left) and *Z. mays* (right) seedlings after 72 days of exposure to greywater (GW), yeast-treated greywater (YGW; 0.005; 0.01; 0.015; 0.02 yeast g·mL⁻¹), yeast-treated tapwater (YTW; 0.005; 0.01; 0.015; 0.02 yeast g·mL⁻¹), and tapwater (TW). Values represent mean±SD (n = 20). Values with different letters are significantly different (P < 0.05).

In general, total number of leaves and total leaf area were higher in yeast treatments compared to the controls in both species. Yeast treatment of greywater and tapwater improved growth and yield in both species. Enhanced growth was probably due to the presence of growth-promoting rhizobacteria (PGPR) that solubilize nutrients for growth (Lonhienne et al., 2014). Bread yeast was shown to increase leaf number, leaf area, leaf mass, and photosynthesis in cucumber (Shahata et al., 2012). Yeast treatment of grey- and tapwater improved root growth and biomass by solubilizing nutrients (Lonhienne et al., 2014), including nitrogen and phosphorus (Costa et al., 2014). The increase in crop yield,

number of leaves, vigour, shoot height, and chlorophyll content with yeast treatments was due to stimulation of growth hormones like auxins, gibberellins, and cytokinin (Jensen, 2004). Greywater treated with yeast improved shoot elongation, number of leaves, vigour, and biomass of both species relative to yeast-treated tapwater. This was probably due to higher nitrates and phosphorus in the soil (Lonhienne et al., 2014). The increase in total leaf area in both species was probably due to stimulation of growth by auxins produced by yeast (Gollan and Wright, 2006). Yeast promotes biologically fixed nitrogen, phytohormones, volatiles, defense compounds, and enzymes (Kuklinsky et al., 2004). Greywater

reduced leaf area, vigour, and total biomass significantly in both species, probably due to its effect on soil pH, salinity, and the presence of toxic elements (Lubbe et al., 2016). Many researchers reported that bread yeast enhances yield in different crop plants (Costa et al., 2014, Lonhienne et al., 2014).

Yeast treatments increased total chlorophyll content compared to controls significantly in both species. Leaf chlorophyll content usually increases with increasing leaf nitrogen (Marenco et al., 2009). The combination of yeast and greywater possibly mobilized nitrogen-fixing bacteria, enhancing nutrient availability (Gollan and Wright, 2006; Basak and Biswas, 2010; Taha et al., 2011). Yeast treatments increased CO₂ uptake and F_v/F_m in both species compared to controls (Hashem et al., 2008). Similar results for F_v/F_m were reported in amaranth and lettuce with greywater irrigation (Qin et al., 2013). The maximum quantum yield is the maximum efficiency at which light is absorbed by light-harvesting antennae chlorophyll of PSII and converted to chemical energy (Baker and Rosenquist, 2004). Growth and physiology outcomes suggest that use of yeast-treated greywater for crop irrigation is effective, eco-friendly and economically viable (Table A1, Appendix).

CONCLUSION

Greywater alone impaired seed germination and seedling growth in both species compared to yeast supplementation. However, high concentrations of yeast impaired germination of both species, with effects being greater in Petri dishes than in soil. Yeast supplementation alleviated phytotoxicity effects of greywater in both species. Yeast treatments stimulated shoot length, number of leaves, leaf area, biomass, total chlorophyll content, and photosynthesis in both species relative to the controls. The use of yeast-treated greywater is an innovative and economically viable approach to the reuse of greywater water for irrigation and improving food security in resource-limited settings. Impoverished communities could use greywater supplemented with yeast as a cheap bio-fertilizer to increase yields. However, water quality requirements for greywater reuse vary considerably globally and the yeast concentrations applied here may need to be adjusted as needed. Further studies should focus on quality treatment processes for sustainable reuse of greywater for domestic, agricultural, or industrial purposes. Based on the scale and type of use, it may be unnecessary to treat greywater to the highest quality before use in subsistence farming. However, the composition of greywater varies with different sources and additional studies are needed to assess the benefits of yeast treatment of greywater for different crops.

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APPENDIX

Table A1. Cost of synthetic greywater material and yeast used in irrigation treatments

Material	Price (ZAR)
Anchor instant yeast (48 x 10 g)	30.00 x 3 = 90 for 62 days
Multi-purpose green soap bar (1 kg)	10.00 once-off
Sunlight washing laundry powder (2 kg)	45.00 once-off
Lifebuoy body-care soap bar (175 g)	12.00 once-off
Sunflower cooking oil (750 mL)	13.00 once-off
Snowflake cake wheat flour (2.5 kg)	17.00 once-off
Nutrient broth 100 g	500.00 once-off
Total	747.00
Treatment	Cost (ZAR)
1 g of yeast	16
0.005 g·mL ⁻¹	2.40
0.01 g·mL ⁻¹	4.80
0.015 g·mL ⁻¹	7.20
0.02 g·mL ⁻¹	9.60
Grand total	771.00

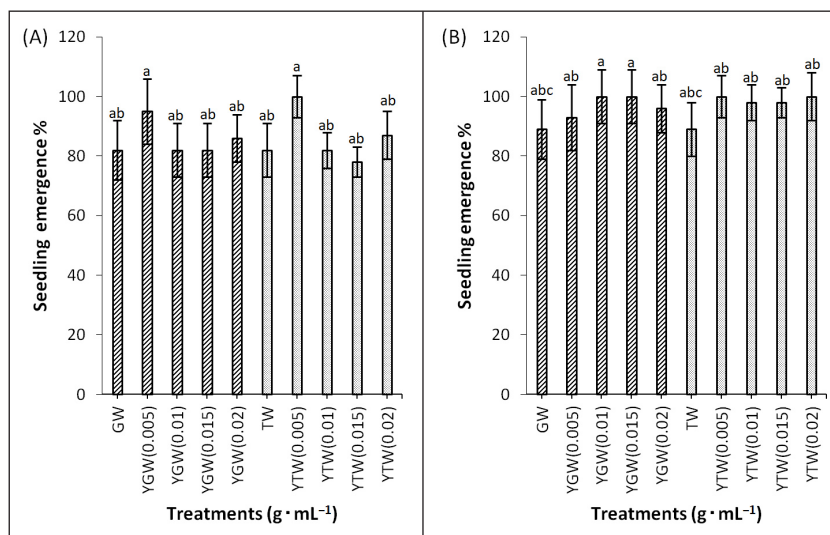


Figure A1. Seedling emergence of *L. sativa* (left) and *Z. mays* (right) seedlings after 72 days of exposure to greywater (GW), yeast-treated greywater (YGW; 0.005; 0.01; 0.015; 0.02 yeast g·mL⁻¹), yeast-treated tapwater (YTW; 0.005; 0.01; 0.015; 0.02 yeast g·mL⁻¹), and tapwater (TW). Values represent mean±SD (n = 20). Values with different letters are significantly different (P > 0.05).